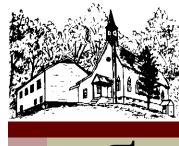
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"WHAT MY DAD TAUGHT ME ABOUT PRAYER" BY RICK HAMLIN

As my two sons prepare to enter into that wonderful phase of life called fatherhood, I reflect on what I learned from my father. What fills my head and heart is a life of prayer, something we four kids witnessed. Here's what I learned from Dad about prayer:

Anything goes. Dad said grace every night at dinner, long extemporaneous prayers, full of whatever was going on in his head or the news he'd heard on the radio as he drove home

from work. Is there anything we shouldn't pray about? No. God knows the secrets of our heart. Why not share it with the Lord? Anything and everything.

When our boys were young, they'd take turns saying grace at dinner.

They were good models for us. Because indeed we heard—and learned—what was going in on their lives. A laundry list of requests? Not for a parent. Heavenly or otherwise.

Pray with your loved ones. As a kid, when I couldn't fall asleep at night, I'd amble into Mom and Dad's room, groggy-eyed and tired. Dad would walk me back to bed—no remonstrating — and tuck me in. Then he'd pray me to sleep.

Quietly he'd talk to me, putting my body to rest. "Now you can feel your feet getting tired, and your legs, your arms too..." From my toes to the crown of my head. Even today, when I can't fall asleep, I'll picture Dad there, talking me to sleep, his hand on my back.

Sing a prayer. Dad wasn't much of a singer, but it never stopped him from singing, especially in church. As I used to joke, "He had a few good notes... and sometimes they were the right ones." I still feel his joy when I sing.

For our own two boys, we'd sing a lullaby every night. "Tender shepherd, tender shepherd..." A round. We would all sing together until we reached those final lyrics, "Fast asleep, fast asleep."

Living together in a family requires harmony. Not everyone has the same range or the same notes. But when you put the voices together, they merge into tuneful melody.

pray for them. How powerful it is for a child to hear a parent pray for them. To know they are loved. To know their concerns count. We'd hear Dad pray for whatever was concerning us, whether it was a big test in the morning or a game we were playing or a treehouse we were building. He was on it. We could grasp God's love because we experienced our earthly father's love in his prayers.

Pray for others. Dad's dinnertime graces always ended with "Bless this food to our use and the hands that prepared it." Mom. That would be Mom's hands. Truth to tell, she wasn't a great cook — sorry, Mom — but she was a great mom. And maybe it was because those hands were blessed night after night.

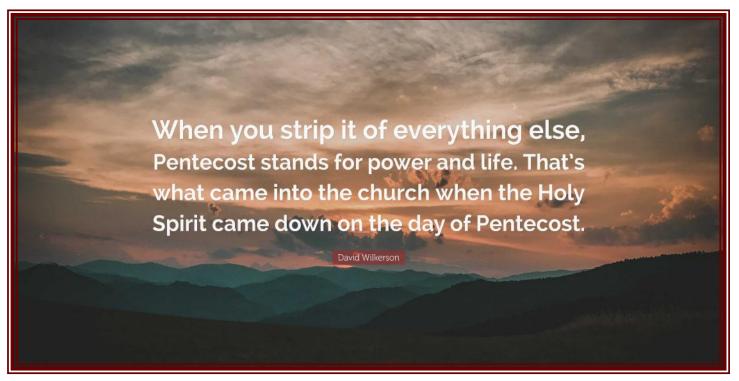
SKYDELL BAPTIST CHURCH

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CONTINUING PRAYER LIST – JUNE 2025



The Sanders family, Harold Lee, Corene and Milton McDaniel, Mike and Terry as well as her brother Joe and her sisters Jennifer, Nancy, and Karen, David and Nancy Fligor, Richard and Carol Dickson, Richard Bittle, Roger and Sharon Glover Lipe, Bob Hughey, Mary Vincent, Amy Duringer, Tommy Banks, Noralee's friend's son Ryan, Darwin's friend Bruce, our church, missionaries, military, and government officials throughout the world.



RECIPE OF THE MONTH: AUNT FAY'S BANANA CAKE

½ cup shortening

1½ cup sugar

2 eggs

2 cups flour

3/4 tsp. baking soda

1/4 tsp. baking powder

½ tsp. salt

1 cup mashed banana (very ripe)

1/4 cup sour milk

1 tsp. vanilla

1 cup chopped nuts

Cream shortening and sugar. Add the beaten eggs. Sift together flour, baking soda, baking powder, and salt. Add to other ingredi-

ents and mix. Add mashed banana, milk, and vanilla.

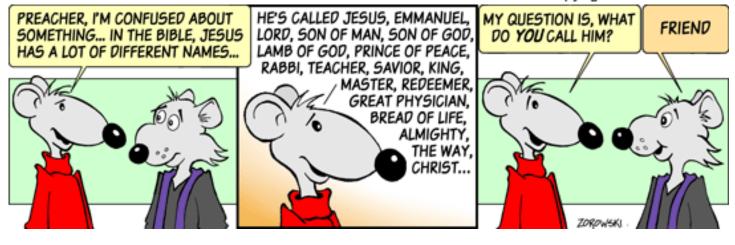
Stir in nuts. Bake 30 - 35 minutes in greased and floured 9-inch

layer pans at 350°.

Great with peanut butter icing!

June 2025

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1		2	3	4	5	6	7
8	Pentecost	9 James & Jessica Combs' Anniversary	10	11	12	13	14 Flag Day
15	DAD Fathers Day	16	17	18	19 Juneteenth	20 Larry & Patty Jackson's Anniversary	21 Summer Solstice
22		23	24	25	26	27	28 Mike & Mallory Hartman's Anniversary
29		30					





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Carbondale, IL 62903

WORSHIP SERVICE - 10:30 AM

Come worship with us...

www.boskydell.org We're on the Web!