



## “STEWARD YOUR SOUL FOR A FULLER LIFE”

BY REV. ROB BLEZARD

Jesus teaches, “What good is it for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?”

– Mark 8:36, 37 (NIV)

Instead of the superficial “How’s it going?” a wise colleague asks friends, “How is your soul?”

The question requires effort. To answer it I must plunge deep inside - below the constantly churning waters of everyday joys, hopes, ambitions, desires, anxieties and disappointments. These are so strong, especially our desires and ambitions, that if we are not careful they can absorb all our time and energy.

Jesus repeatedly warns us not to let our desires and our worries engulf us, keeping us from paying attention to the soul. Our soul is where we connect with God, the source of our greatest

strength and truest identity. Without attention, our soul can dry up like a plant without water. As with all the treasures God has given us, we must be stewards of our souls.

The mystics of old and modern prophets (such as Richard Rohr, Marjorie Thompson or Howard Thurman) teach us to employ prayer, holy silence, and other spiritual disciplines to tend our souls and keep worldly worries and desires from overwhelming us.

This month, begin a daily practice of caring for your soul. You might begin with five minutes of spoken prayer followed by five minutes of silence. Or reflect deeply on a Scripture passage.

With a little practice and attention, you can become stronger, more centered and more spiritually resilient.

***How is your soul?***



# CONTINUING PRAYER LIST – MARCH 2025



Joy and Gene, Milton, Corene, and family, Mike and Terry as well as her brother Joe and her sisters Jennifer, Nancy, and Karen, the Bittle family, Harold Lee, Stan Harpole, Richard and Carol Dickson, David and Nancy Fligor, Bob Hughey, Mary Vincent, Amy Durringer, Tommy and Andrew Banks, our nation, our church, missionaries, military, and government officials throughout the world.

**"March, when days  
are getting long,  
Let thy growing  
hours be strong to  
set right some  
wintry wrong."**

Caroline  
May






## RECIPE OF THE MONTH: SCRIPTURE CAKE

1½ cups butter  
(Psalm 55:21)  
2 cups sugar  
(Jeremiah 6:20)  
6 eggs  
(Isaiah 10:14)  
4½ cups flour  
(1 Kings 4:22)  
⅛ tsp. salt  
(Luke 14:34)  
2 Tbsp. baking powder  
(1 Corinthians 5:6)  
½ tsp. nutmeg

2 tsp. cinnamon  
2 tsp. allspice  
1 tsp. ground cloves  
(2 Chronicles 9:9)  
½ cup milk  
2 Tbsp. honey  
(Judges 4:19)  
2 cups raisins  
(2 Samuel 16:1)  
2 cups chopped figs  
(Song of Solomon 2:13)  
1 cup shivered almonds  
(Numbers 17:8)

Preheat oven to 325°. Cream butter and sugar until light and fluffy, then beat in eggs one at a time. Sift together flour, salt, baking powder, nutmeg, cinnamon, allspice, and ground cloves; add alternately with milk. Stir in honey and fold in fruits and nuts; mix well. Bake in 2 greased 9" x 5" inch loaf pans for 1 hour or until done. Cool for 30 minutes before removing cakes from pans to a wire rack to finish cooling.

# March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8  <i>Turn clocks forward one hour tonight</i>
9  <i>Daylight Saving Time Begins</i>	10	11	12	13	14	15
16	17  <i>St. Patrick's Day</i>	18	19	20 	21  <i>Mary Ann Stotlar's Birthday</i>	22
23	24	25	26	27	28	29
30	31  <i>Jeannene Cooper's Birthday</i>					

*Come worship with us...*

**BOSKYDELL BAPTIST CHURCH**  
3518 Boskydell Road  
Carbondale, IL 62903  
WORSHIP SERVICE - 10:30 AM

# Church Mice™

A Christian Cartoon by Karl Zorowski

GOD REALLY LOVES YOU!



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